|  |  |  |
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| UNIT: LAUNDRY ESSENTIALS |  |  |
| By J. Pullen | **NAME** |  |
| p. 1 of 2 |  |  |
|  |  | Date | Date Due: |
|  |  |  |  |

**LAUNDRY ESSENTIALS**



**Objective**: I will identify appropriate clothing care practices.

**Directions:** Read “Laundry Essentials.” Then complete this worksheet by writingthe information in phrases or sentences.

**SORTING OUT**

Sort your laundry loads according to:

**COLOR:**

✔



✔



✔



**FABRIC AND CONSTRUCTION:**

✔



✔



**DEGREE OF SOIL:**

✔

✔

**OTHER CHECKS:**

✔

✔

✔

✔

✔

✔

**WASHING**

**When do you need extra detergent?**



Continues on back

UNIT: LAUNDRY ESSENTIALS

By J. Pullen

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**If you have hard water, what type of detergent works best?**



**When should detergents be added?**



**Describe the two types of bleach. Which one is a disinfectant that kills germs?**



**Describe the two ways bleach can be safely added to the washe**r.

1.



2.



**When do you add the clothes to the washer?**



**In general, how much water should be used for a load of wash?**



**What does overdrying do to clothes?**

1



2.



3.



**What is the best way to treat unknown stains?**



|  |  |  |
| --- | --- | --- |
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| By J. Pullen | **NAME** |  |
| FACS Standards: 2.1.4, 16.2.5 |  |  |
|  |  | Date Due: | Parent Signature |
|  |  |  |  |

**BUILDING LAUNDRY SKILLS**



**Dear Parent or Guardian,**

We are asking your son/daughter to work with you to do the family laundry one time. Here is the checklist of steps we want him/her to consider. Please check off the skills practiced and sign the paper. Thank you very much.

**Objective:** I will practice appropriate clothing care practices.

1. **SORTING THE LAUNDRY** D O N E

A **I sorted the laundry by color.** . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_

1. **I sorted the laundry by fabric and construction.** . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
2. **I sorted the laundry by degree of soil.** . . . . . . . . . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
3. **I avoided risk of damage to items by being sure to:** . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
	* Empty pockets
	* Shake out loose dirt from cuffs
	* Close zippers, hooks, and eyes, etc
	* Mend rips or tears before laundering
	* Tie strings and sashes loosely to avoid tangling
	* Remove belts, pins or trims that are not washable
4. **WASHING AND BLEACHING**

A **I added the detergent as the washer filled.** \_\_\_\_\_\_\_\_\_

1. **I used the proper amount of detergent.** . . . . . . . . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
2. **I adjusted the cold water (if used) to 65-85°F** (to activate detergent). \_\_\_\_\_\_\_\_\_
3. **I did not overload the washer with clothes, etc.** . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
4. **I added the clothes after agitation began.** . . . . . . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_

F. **When using bleach, I added the proper amount at the correct time:** \_\_\_\_\_\_\_\_\_

* + 1. **Regular liquid bleach:** *DILUTED*5 minutes into wash cycleor used the bleach dispenser.
		2. **Color-Safe bleach:** measured amount added with detergent.
1. **DRYING AND IRONING**
	1. **I shook out the clothes before putting them in dryer or on rack/line** .\_\_\_\_\_\_\_\_\_
	2. **I checked the clothes to be sure the stains were removed.** . . . . . . . .\_\_\_\_\_\_\_\_\_
	3. **I cleaned out the lint filter.** . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
	4. **I did not overload the dryer.** . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .\_\_\_\_\_\_\_\_\_
	5. **I did not overdry the clothes** (causes shrinking and wrinkling).. . . . . . .\_\_\_\_\_\_\_\_\_
	6. **I placed clothes on hangers and smoothed them as needed.** . . . . . . .\_\_\_\_\_\_\_\_\_
	7. **I ironed clothes as needed, using the recommended heat setting.** . .\_\_\_\_\_\_\_\_\_

UNIT: LAUNDRY ESSENTIALS

By J. Pullen

**NAME**



|  |  |  |  |
| --- | --- | --- | --- |
| FACS Standards: 2.3.1, 16.2.3 | Date | Date Due: |  |
|  |  |



**DECODING CARE SYMBOLS**



**Objectives**: I will read and write care labels using words and symbols.

I will understand textile legislation and labeling in the global economy.

Directions: Care instructions are reported on apparel and home furnishings in words and in symbols. To learn what these symbols mean, try decoding these care labels. Use the ASTM OR CLOROX CARE SYMBOL CHART.

**1.** **40C**



**40C**



**2.** **5 0**



**5 0**



***Draw a care label in symbols for:***



**MACHINE WASH WARM, ONLY**

**3.** **NON-CHLORINE BLEACH WHEN NEEDED, TUMBLE DRY MEDIUM, WARM IRON IF NEEDED**

Continues on back

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**4.** **30C**

**30C**

**5.** **A**

**A**



***Draw a care label in symbols for:***



**6.** **MACHINE WASH WARM, PERMANENT PRESS CYCLE, ONLY NON-CHLORINE BLEACH WHEN NEEDED, TUMBLE DRY LOW, IRON LOW IF NEEDED**

***Draw a care label in symbols for:***



**7.** **DRYCLEAN, PETROLEUM SOLVENT ONLY, LOW IRON IF NEEDED**

***What is the simple pattern used for the ASTM care symbol system?***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **8.** | **TEMPERATURE OF SETTING:** | **MACHINE CYCLE:** | No Underline |  |
| **Hot or High** | **= \_\_\_\_\_\_\_\_\_\_\_\_** | **Normal Cycle** |  |
|  | **= \_\_\_\_\_\_\_\_\_\_\_\_** |  |
|  | **Warm or Medium** | **= \_\_\_\_\_\_\_\_\_\_\_\_** | **Permanent Press Cycle** | **= \_\_\_\_\_\_\_\_\_\_\_\_** |  |
|  | **Coll, Cold or Low** | **= \_\_\_\_\_\_\_\_\_\_\_\_** | **Gentle or Delicate Cycle** | **= \_\_\_\_\_\_\_\_\_\_\_\_** |  |

**ASTM GUIDE TO CARE SYMBOLS**



|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  | **Warning** |  |
|  | **Machine** |  |  |  |  |  |  |  |  | **symbols for** |  |
|  |  |  |  |  |  |  |  |  | **laundering** |  |
|  | **wash** |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  | **cycles** |  |  |  |  |  |  |  |  |  |  |
|  | **&** | **normal** | **permanent** | **delicate /** |  | **hand** |  |
|  |  |  | **press** |  | **gentle** |  | **wash** |  |
|  |  |  |  |  |  |  |  |  |  | **do not wash** |  |
|  | **Water** |  |  |  |  |  |  |  |  |  |  |
|  | **temperatures** | **very hot** |  | **hot** | **warm** | **cool/cold** |  |  |
| **Wash** | **(maximum)** | **(140F)** | **(120F)** | **(105F)** | **(65-85F)** | **do not bleach** |  |
| **symbol (s)** | **60** |  | **50** |  | **40** |  | **30** |  |
|  |  |  |  |  |  |
|  | **dots &** o**C.** |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | **do not dry** |  |
|  |  |  |  |  |  |  |  |  |  | **(used with** |  |
|  |  |  |  |  |  |  |  |  |  | **do not wash)** |  |
|  |  | **any bleach** |  | **only non-chlorine** |  |  |
| **Bleach** |  | **when needed** | **bleach when needed** |  |  |
|  |  |  |  |  |  |  |  |  | **do not iron** |  |
|  |  |  |  |  |  |  |  |  |  | **Additional** |  |
|  | **Tumble dry** |  |  |  |  |  |  |  |  | **instructions** |  |
|  |  |  |  |  |  |  |  |  | **(in symbols** |  |
|  | **cycles** |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  | **or words)** |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | **line dry /** |  |
|  |  | **normal** | **permanent** | **delicate /** |  | **hang to dry** |  |
|  | **&** |  |  |  |
|  |  |  | **press** |  | **gentle** |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | **do not wring** |  |
| **Dry** | **Tumble dry** |  |  |  |  |  |  |  |  | **drip dry** |  |
|  |  |  |  |  |  |  |  |  |  |
|  | **heat setting** |  |  |  |  |  |  |  |  |  |  |
|  |  | **any** | **high medium** | **low** | **no heat/** | **do not** |  |
|  |  | **tumble dry** |  |
|  |  | **heat** |  |  |  |  |  | **air** |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | **dry flat** |  |
|  | **Iron when** |  |  |  |  |  |  |  |  | **in the shade** |  |
|  |  |  |  |  |  |  |  |  | **(added to line** |  |
|  | **needed--dry** |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  | **dry, drip dry, or** |  |
|  | **or steam** |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  | **dry flat)** |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  | **maximum** | **200**o**C** |  |  | **150**o**C** |  | **110**o**C** |  |  |
|  | **temperature** | **(390F)** |  |  | **(300F)** |  | **(230F)** |  |  |
| **Iron** |  | **high** |  | **medium** |  | **low** | **no steam** |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  | **(added to iron)** |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  | **Dryclean - normal cycle** |  |  |  |  |  | **Dryclean - modified cycle** |  |
|  | **A** | **P** |  |  |  | **F** |  | **P** | **F** |  |
|  |  |  |  |  |  |  |  |  |  |
| **Dryclean** | **any** | **perchlorethylene** | **petroleum** |  | **do not** |  |
| **solvent** |  | **or** |  |  |  | **solvent** |  | **dryclean** |  |
|  | **petroleum solvent** |  | **only** |  |  |  |  |

**Note: As a minimum, laundering instructions include, in order, four symbols: washing, bleaching, drying, and ironing; and, drycleaning instructions include one symbol. Additional symbols or words may be used to clarify the instructions. Actual water temperatures obtained in the home are dependent upon the washing machine settings (hot, warm, cold), regional water supply temperatures, water heater settings, and regulations governing these conditions.**



**Adapted from ASTM D5489-96c: Standard Guide to Care Symbols for Care Instructions on Textile Products**

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